



Missouri High School Baseball Coaches Association Message from the President

September 1 is here and the new membership year for 2010-11 has begun. I encourage all high school head coaches, assistant coaches, athletic directors, and former coaches to join our award-winning organization, the MHSBCA. We have had a number of American Legion and youth coaches be members in the past and certainly extend a membership invitation to you also.

Special points of interest:

- Message from the President
- It's time to register!
- MHSBCA membership form
- Clinic Schedule
- Vendor Letter
- Important deadlines to remember
- Watch for special ballot at clinic luncheon

Some of the reasons for belonging to MHSBCA would include professional growth, support/honor for peers, recognition of your players, interaction with other coaches, and exposure to college scouts. Once a member, you can be put on our email list/directory and receive important association information and news. Keep in mind that you must be a member to attend our yearly coaches clinic.

Also, when you join the MHSBCA, you will automatically become a member of the BCA (the National High School Baseball Coaches Association). Our association decided several years ago to have a dual membership with the BCA and they in turn offered a reduced rate to join for all Missouri coaches. So for \$50, you become a member of both organizations! Some of the BCA benefits include the national coaches clinic, coaching instructional material mailings, and \$1,000,000 liability coverage for all members.

How do you join? Go the web site. www.mhsbca.net and click on Forms. You can download a form and send it in to the address listed or you can use the online form. When we receive your form and membership dues, we will then send your money and membership information on to the BCA.

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Finally, it would be a tremendous help for our executive secretary, Janet Seamon, if you not only get your membership dues in early but also your registration fee in early for the MHSBCA Coaches Clinic in January. On the web site, click on Clinics to see information on this annual great event to once again be held in Jefferson City on January 21-23, 2011! The clinic fee is \$40 until December 1 and the \$50 after that. You can also save a lot of time at the registration table at the clinic by registering early. I might mention also that Missouri coaches have a very convenient opportunity this year to attend the BCA coaches clinic in December as it is just a few hours away in Nashville, Tennessee. There is information on this national gathering of baseball coaches on our web site (click on Clinics) or go to the BCA web site at www.baseballcoaches.org and keep in mind that if you wish to attend the BCA clinic, you need to send your clinic registration to the BCA.

Yours in baseball,

Dave Scheer
MHSBCA President
Union High School
dscheer25@gmail.com

It's time to register!

By now I'm sure everyone is settled in for the new school year. September 1 started the new membership year for the MHSBCA which will run through August 31, 2011. The dues will continue to be \$50.00 which covers dual membership for the MHSBCA and BCA.

All membership dues are to be paid to your Missouri Association (the MHSBCA). The only money you need to send to the BCA will be your BCA clinic registration fee and luncheon fee if you are attending the BCA in Nashville, Tennessee in December.

Please send your membership and MHSBCA clinic registration fee as early as possible. It would be a great help for Janet.

Jeff Diskin has done an awesome job lining up speakers for the January 2011 Convention in Jefferson City. He has an excellent line up of college and high school coaches. We will put a tentative schedule of speakers on the website as well as this newsletter.

The MHSBCA has become stronger every year thanks to all the volunteers how have made our programs so successful. Everyone has done a tremendous job. Anyone wanting to take a more active role in the operations of your association, let someone from the executive committee know. Thanks again for all the help.

Bill Seamon

Vendor Letter from Tony Perkins....Please pass this information along to anyone you think might be interested!

We are hosting our 20th annual coach's convention in Jefferson City, Missouri on January 21st, 22nd and 23rd . We would like to invite you to be a vendor at our clinic. The cost is just \$200.00 and a donation of 2 prizes that we can raffle of to our general membership. A booth consists of one 10' fold out table. Some vendors have purchased 2 in the past. The Clinic will be held at the Capital Plaza Hotel and Convention Center W. McCarty St. Jefferson City, MO 65101. The phone number at the motel is 1-800-338-8088.

The clinic will begin Friday evening with a few speakers and a coaches social. Speakers all day Saturday broken up with our awards luncheon. There will be another coach's social Saturday evening. Sunday morning begins with the FCA breakfast and clinicians until 12:00 when the clinic ends.

I look forward to hearing and working with you at our clinic. My home address is 1206 Kingstowne Place St. Charles, MO 63304. You can mail your check made out to MHSBCA here and that will reserve you your booth. You can email me at Tperkinsbb11@aol.com or call me at home at 636-441-0571. Reserve your table early. If you are unable to attend and would like to donate some prizes you can send those to me as well. You can learn more about our organization by visiting our web site at www.mhsbca.net.

Yours in Baseball,

Tony Perkins
Tperkinsbb11@aol.com
636-441-0571





Schedule times & speakers subject to change

Updated November 8, 2010

MHSBCA Coaching Clinic January 21 – 23, 2011

Friday, January 21:

- 8:30 – 11:30: Executive Board meeting Capitol Plaza Hotel
- 1:00 – 4:00: TBA
- 4:30 – 7:00 Clinic registration; visit vendors
- 5:30 – 6:10: Bob Morgan, former Head coach Indiana University; Offensive Theory
- 6:10 – 6:50: Joe Groaning, head coach Bishop DeBourg, 2010 class 3 state champs; Practice Organization & Drills
- 7:00 – 8:30: MHSBCA Coach's Social Sponsored by Capitol Plaza**

Saturday, January 22:

- 8:30 – 9:10: Lance Spigner, Horatio HS (ARK); Two-Day Team Defense
- 9:10 – 9:50: Buddy Biancalana, former major league player, co-founder PMPM Sports Zone Training; "How I Became a World Series Hero--The Processes in the Mind That Allow Any Athlete to Play Their Best."
- 9:50 – 10:10: Break/visit trade show and vendors
- 10:10 – 10:50: Dick Birmingham; MHSBCA Hall of Fame; former coach Springfield Hillcrest HS; Psychology of Winning
- 10:50 – 11:30: Mark Fuller, Marty Paulsen, Wisconsin Coaches Association; Baserunning Can Make a Difference
- 11:30 – 12:00: Break/visit trade show and vendors
- 12:00 – 2:15: Luncheon; Keynote speaker; Bob Morgan, former head coach University of Indiana; Motivation: Things That Make Us Do the Things We Do**
- 2:30 – 3:00: Break/visit trade show and vendors
- 3:00 – 3:40: Jimmy Harris, head coach Shiloh Christian High School (AK); Little Things That Make Us Win
- 3:40 – 4:20: Spence Rigdon, Bartlesville High School (OK); Baseball Philosophies: from Assistant to Game Management
- 4:20 – 4:30: Break/visit trade show and vendors
- 4:30 – 5:10: Eric Horner, Johnson County CC (KS) pitching coach; Pitching: 5 Step Mechanics...The Keys to Pitching Success!
- 5:10 – 5:50: David Canary, JCCC hitting coach, Hitting: effective hitting drills
- 6:00 – 6:20: American Legion Baseball video and short presentation
- 6:20 – 7:20: General meeting and pre-season rankings meeting
- 7:20 Coaches Social Sponsored by Varsity Gold**

Sunday, January 23:

- 7:30 – 8:30: Free Fellowship of Christian Athletes Free Breakfast **Sponsored by Athletes International**
*******You must sign up in advance at the registration table to indicate your attendance*******
- 9:00 – 9:40: Doug Slinker, Personal Trainer; Strength Training for the Baseball Athlete
- 9:40 – 10:20: Phil Hannon, Baker University (KS) Head Coach; Outfield Communication According to the Scoreboard
- 10:20 – 10:30: Break
- 10:30 – 11:10: Matt Holdinghausen, Head Coach Crystal City, 2010 class 2 state champions, Importance of Defense: Infield Play
- 11:10 – 11:50: Scott Davis and Lynn O'Neal, Fredericktown HS, Developing the Catcher
- 11:50 – 12:00: Closing Remarks and Final Door Prizes



Welcome to Cooperstownbat.com



Official Sponsors of the Missouri H.S. Baseball Coaches Association

MHSBCA SPONSORED ANNUAL EVENTS AND AWARDS:

- ◇ January – Coaches Clinic and Hall of Fame Luncheon
- ◇ June – All-Star series for graduated seniors
- ◇ Junior Talent Showcases and Oklahoma Sunbelt Team
- ◇ Member of the Missouri Sports Hall of Fame
- ◇ MHSBCA Academic All –State Team and Player
- ◇ Coopertown Bat Assistant Coach of the Year Award
- ◇ MHSBCA Rankings
- ◇ Award Four MHSBCA Scholarships yearly
- ◇ Award Sports Image/Gary Dunahue Scholarship
- ◇ Louisville Slugger Newcomer of the Year Award
- ◇ Groundskeeper/Field of the Year Award
- ◇ Pro-Line Player of the Year
- ◇ MHSBCA All-State Teams

PLEASE PRINT OR TYPE and ONE (1) FORM PER PERSON (Membership runs from September 1st through August 31)

Membership dues are due annually and must be paid for the current year to attend the clinic. Clinic fees are an additional fee for coaches who wish to attend the annual clinic and HOF Luncheon.

Membership fee: \$50.00 annual fee per baseball coach.

Clinic fee: MHSBCA Clinic Fee in **Advance** \$40.00 **After December 1st deadline or On-Site: \$ \$50.00

MHSBCA/BCA DUAL MEMBERSHIP DUES (paid dues are mandatory to attend clinic): **\$50.00**

MHSBCA CLINIC FEE: \$40.00 in advance or \$50.00**After Dec. 1st deadline

Indicate the total amount of check, money order or school PO: \$ _____

(Sorry the MHSBCA cannot accept credit cards)

MEMBER'S NAME: _____ TITLE: _____
(First name) (Last name) (Head or Asst. Coach, AD, Legion Coach)

MHSBCA HALL OF FAME MEMBER: ___YES or ___NO

SCHOOL/ORGANIZATION: _____ CIRCLE CLASS: ___1A ___2A ___3A ___4A

SCHOOL ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PREFERRED MAILING ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

SCHOOL PHONE #: _____ HOME PHONE #: _____

E-MAIL ADDRESS: _____

TOTAL # YEARS COACHING HIGH SCHOOL BASEBALL _____

OVERALL WON/LOSS RECORD IN HIGH SCHOOL BASEBALL AS HEAD COACH _____ (win-loss-tie)

SEND CHECK, MONEY ORDER, or SCHOOL PO AND FORM TO:

**MHSBCA
c/o Bill Seamon
1363 June Drive
Bland, Missouri 65014**

**Missouri High School Baseball Coaches
Association**

MHSBCA
c/o Bill Seamon
1363 June Drive
Bland, Missouri 65014

Phone: 1-573-646-3000
brseamon@yahoo.com

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**VISIT OUR WEBSITE
OFTEN FOR THE MOST
UPDATED INFORMATION!**

www.mhsbca.net

**Important Dates to Remember
Mark your Calendars NOW!!!**

December 1, 2010	Deadline to preregister for MHSBCA January 2011 Clinic (save \$10.00)
December 1, 2010	Scholarship application check website for updates and forms)
December 1, 2010	Field of the Year (check website for updates and forms)
December 1, 2010	Asst. Coach of the Year (check website for updates and forms)
December 1, 2010	Pro-Line Player of the Year (check website for updates and forms)
December 1, 2010	Louisville Slugger Newcomer of the Year (check website for updates and forms)
December 3-5, 2010	BCA Convention in Nashville, TN (check website for updates and Forms)
January 21-23, 2011	MHSBCA Honors Luncheon & Clinic at Capitol Plaza in Jefferson City, MO

Special Survey.....Your Input is Needed

We are in the process of putting together a survey so our members can prioritize current issues such as 25 contact days, dead period, number of games, and double elimination playoff system. Changes in the system are not guaranteed, but it does give us the opportunity to share our concerns with MSHSAA. The survey will be conducted at our annual convention along with our Hall of Fame ballot. Your input on both the survey and HOF ballot is vital to MHSBCA.

